Symmer Lynch Time Meny

St Mary's Fields Academy

week one

28th April 19th May 9th June 30th June 21st July 11th August 1st September 22nd September 13th October 3rd November 24th November 15th December 5th January 26th January 2nd February 23rd February 16th March

Monday Tuesday Wednesda

Cheese & Tomato Pizza (V) Vegan Option available (VG)

Served with 1/2 Jacket Potato & Sweetcorn (V)

Stack & Stuff Tortilla with Chilli Beef

Served with Rice & Seasonal Vegetables Roast Chicken, Stuffing and Gravy

Served with Mashed Potatoes & Seasonal Vegetables

Pork Sausage Roll

Served with Jacket Wedges & Baked Beans Fish Fingers/Salmon Fingers

Served with Chips, Peas, Baked Beans & Tomato Ketchup

Vegetable Pasta Bake (V) (VG)

Served with 1/2 Jacket Potato & Sweetcorn (V)

Stack & Stuff Tortilla with Roasted Vegetables (V) (VG)

Served with Rice & Seasonal Vegetables Roast Quorn Fillet, Stuffing and Gravy (V) (VG)

Served with Mashed Potatoes & Seasonal Vegetables

Cheese Flan (V)

Served with Jacket Wedges & Baked Beans Vegetable Fingers (V) (VG)

Served with Chips, Peas, Baked Beans & Tomato Ketchup (V, VG)

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise

Served with Side Salad

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Served with Side Salad









Menus are planned to comply with the current Government School Food Standards, we endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.



ASSORTED Breads SSS Baked daily by our school chefs





Pear & Blueberry Cupcake (V)

Chocolate Crispy (V) (VG)

Strawberry Jelly & Chopped Fruit (V) (VG) Vanilla Cookie (VG)

Ice Cream Roll (V)
Oaty Biscuit (V) (VG)

Marbled Sponge Cake (V) Flapjack (V) (VG)

Chocolate Haystacks (V) Shortbread Biscuit (V) (VG)